

THANKFUL FOR YOU

November was the month of the infamous holiday, Thanksgiving, when we all share what we're thankful for, and it goes without saying that we are unfathomably grateful for this wonderful community we have here at the School of Nursing and Health Studies. We have excellent, hard-working faculty who raise our school up and produce graduates of repute who are sought after, we have exceptional and tireless staff and administration who provide crucial support and direction that keeps this school running, and of course we have phenomenal students who continue to put in the effort and constantly make us proud with their work ethic and dedication to becoming nurses and healthcare professionals of the highest quality. So thank you to everyone for being you and being awesome!

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UPCOMING IMPORTANT DATES

- December 14th – January 20th – Students' Winter Break
- December 25th – January 1st – Winter Break (University Closed)



BIRD(S) OF A FEATHER

In November, the FUN Committee held another classic hot beverage bar for the students! It was "Thanksgiving" themed with some printout brain-break activities, as well as a little project where anyone visiting could write down something they are thankful for on a "feather" and stick it on the turkey! We had some great involvement, and may consider bringing this back next year.





SCIENTIST OF THE MONTH

Each month, a member of our research faculty is highlighted as a “Scientist of the Month”. We ask them to share a little about what’s going on in their current research. This month’s scientist is Dr. RaeAnn Anderson (pictured left)

This is what she has to say when asked about her research:

- What is the focus of your program of research? Ending rape. Ending. Rape. Period. That's the big goal. It's ambitious as all get out. I approach this task mostly as a scientist because that's my strongest skill set – but there are lots of other ways to contribute. My research focuses on three areas: 1 – improving the measurement of rape and sexual violence, so that everyone's experiences are counted and recognized, 2 – making effective risk reduction interventions more available especially to cultural groups at greatest risk (like Indigenous peoples, LGBTQ+ folks), and 3 – figuring out how in the world we prevent perpetration.
- What has been your most interesting finding? I think one of my most interesting findings is that when we make small changes to how we ask questions about sexual violence we can end up with really different outcomes. For example, if you ask, "have you ever raped someone? Yes /no" the vast majority of people, including people who have raped, say no. Just changing the word rape to sexual assault doubles responding. When you offer these response options instead of yes/no: "definitely not, probably not, might or might not, probably yes, definitely yes" you have 9–15x as many responses. That's astounding. Getting effect sizes that large is rare. And I find this one in particular really interesting because perhaps – this represents a gateway to change – people can't change a behavior they deny exists.
- What has been your biggest challenge? The topic of rape makes people uncomfortable. Other scientists, funders, community members, participants. Figuring out ways to talk about this topic and do this work is so much more complicated because often I can't just be straightforward. And because it makes people uncomfortable all those other things scientists need to do our jobs – ethics approvals, publications, grants – are harder to get. I don't want to reinforce the stigma by being indirect and I have to meet people where they are first to persuade them to work with me.
- What has been your greatest satisfaction? Getting students excited about science and seeing other professionals use my research.

RESEARCH ADVANCEMENTS

Here's this month's updates on research that has been published or grants that have been received by our research faculty and students!

STUDENT HIGHLIGHTS

- PhD Student, Doris Stoker, was highlighted at Massachusetts General Hospital for her pursuing of PhD study at University of Missouri–Kansas City School of Nursing and Health Studies. As Doris stated, “In this new season, I, Doris Stocker, want to be a nurse scientist!” Our School has a very robust PhD program, please reach out to Dr. Sue Lasiter (lasiterr@umkc.edu) if you are thinking of a future nursing career as a nurse scientist or researcher. It is never too early to think about your future!

You Can't Be What You Can't See

My “Why” is my strong belief and mission that nurses play an impactful role in developing research that represents our patients. My “How,” or the eventual path to it, led me to apply to the Diversity Research Scholars program. Through the DRS program, I completed a literary review and “Research YOU Can Use” project presented to fellow nurses, clinicians, and staff, as well as a qualitative data analysis with my matched mentor, Dr. Fu. At the end of eight weeks of being immersed in research, the feeling was bittersweet, and I wanted to continue being a part of it in any capacity. Dr. Fu never said goodbye at the end of the eight weeks, so I never did either. She continued our ongoing meetings with further discussion of the quantitative data analysis, and I grew with each mentored conversation, soaking in the perspective, analysis, and knowledge. Dr. Fu offered me the opportunity to continue working with her team, and those moments of gathering, thinking, analyzing, wondering, and learning have enhanced my desire to pursue a new season in my nursing journey. In this new season, I embrace vision over imagination, and I understand my “How” because now, I CAN SEE WHO I CAN BE. In this new season, I, Doris Stocker, want to be a nurse scientist.



- Please join us in congratulating Amelia Hopper, UMKC SoNHS PhD Student, for receiving a Student Award as the first author on a top scored abstract for the upcoming American Public Health Association (APHA) annual meeting. She received the award and a \$100 stipend from the Public Health Education and Health Promotion section of APHA on Monday, October 28th, in Minneapolis. Drs Sarah Patel and Matt Chrisman serve as co-authors on the abstract.

PEER-REVIEWED PUBLICATIONS: NOVEMBER 2024

Matthew Chrisman Anita Skarbek

Marchello, N., Chrisman, M., Hastert, M., Skarbek, A., Endsley, P. An Assessment of Rural Midwestern Schoolteachers' Nutrition Literacy and MyPlate Knowledge: Implications for Current Practice and Policy. *Health Promotion Practice*. (ePub ahead of print).

<https://doi.org/10.1177/1524839924129610>

Mei Rosemary Fu

Cypress, B., Gharzeddine, R., Fu, M.R., Dahan, T., & Abate, S. (2024). Multidisciplinary healthcare Professionals' attitudes towards family engagement in the adult intensive care unit. *Intensive & critical care nursing*, 87, 103896. doi: 10.1016/j.iccn.2024.103896. Epub ahead of print. PMID: 39612562.

Li, Y., Shi, J., Li, X. Li, Y-X, Guo, X., Lu, M., Wan, X., Tang, J., Luo, B., Fu, M.R., Hu, Y. (2024). Development of a core outcome set for neonatal septic shock management: a study protocol. *Trials* 25, 729 (2024). doi: 10.1186/s13063-024-08422-0. PMID: 39473018; PMCID: PMC11520646.

Sue Lasiter Steven Chesnut

Callahan, K., Chesnut, S., & Lasiter, S. (2024). Prevalence of Clinical Factors Experienced by Patients who Developed Delirium in Intensive Care Units: A Descriptive Study Involving 20,000 Patients. *Delirium Communications*.

Sharon White-Lewis Amanda Grimes Joseph S. Lightner Steven Chesnut

White-Lewis, S., Lightner, J., Crowley, J., Grimes, A., Spears, K., & Chesnut, S. (2024). Disaster preparedness intervention for older adults (seniors' positive involvement in community emergencies SPICE): Protocol for a quasi-experimental study (preprint). *JMIR Research Protocols*. <https://doi.org/10.2196/58895>

Collaborative Researchers

Raybon, C. Denise; Spitz, Stephanie; Teti, Michelle DrPH, MPH; Webb, Shelby MPH; Metcalf-Wilson, Kristin DNP, WHNP-BC; Witt, Jacki JD, MSN, WHNP-BC, FAANP. Understanding Vasectomy Services' Models of Care, Training, and Financing Among Title X Family Planning Providers. *Family & Community Health* 48(1):p 1-8, January/March 2025. | DOI:

10.1097/FCH.0000000000000418

