

## THE QUIET PLACE

Every year, June comes around and it's like the volume has been turned down on the Health Sciences Campus. There are far fewer students to be seen roaming the halls, many faculty have vacated for the Summer, and the staff quietly make their way to their respective offices through the muggy Summer mornings. In all honesty it's fairly peaceful, but it quickly becomes bittersweet not getting to see the hubbub of students going about their classes and studying, bringing some life to this campus. We've had a nice balance of torrential rain and blazing heat already as Summer sets in, including one tornado warning! The Healthcare Innovation and Delivery Building is ramping up, the internal structure already rising above the roof of the Health Sciences Building! When students return, it will be a sight to behold.

### Contact Us

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### UPCOMING IMPORTANT DATES

- July 4<sup>th</sup> - Independence Day (University Closed)

## ALUMNI REUNION

Every year we hold our Alumni Reunion, inviting all our graduates from our BHS, BSN, and all our graduate programs to come back and mingle on their old stomping grounds! We welcomed alumni from across decades, enjoyed drinks and hors d'oeuvres, and had fun chatting with our Deans and fellow alumni!





# PHD RESEARCH INSTITUTE

Each Summer, the Nursing PhD Program holds the Research Institute, inviting all our PhD students to campus for a few days full of great experiences! They get to attend presentations from the PhD faculty, maybe do a presentation themselves, and interact with their fellow PhD students. There are lectures as well as info sessions about opportunities and resources available. It's like a mini-conference for our PhD program!





# RESEARCH ADVANCEMENTS

Here's this month's announcements and updates on research that has been published or grants that have been received by our research faculty and students!

## SONHS RESEARCH HIGHLIGHTS

Congratulations to Dr. Sarah Patel, Dr. Mei R Fu, and Dr. Steven Chesnut!

Patel, S.E. (Principal Investigator), Fu, M.R. (Co-Investigator), & Chesnut, S.R. (Co-Investigator).

“PROFILE-PeVD: A Deeper Investigation to Create a Pain Profile for Pelvic Venous Disorders in Adult Women,” Sponsored by Every Woman, Every Baby- Association of Women's Health, Obstetrics, and Neonatal Nurses, Non-Profit Organization



# **Congratulations to SoNHS Researchers Who Received Funding for Their Research as the Principal Investigator (January – June 2025)**

**Dr. Lisa Carter**

Title: State Opioid Response (SOR)/Tribal Opioid Response (TOR) Technical Assistance

Funding Agency: AMER ACADEMY OF ADDICTION PSYCHIATRY

**Dr. Sarah Patel**

Title: PROFILE-PeVD: A Deeper Investigation to Create a Pain Profile for Pelvic Venous Disorders in Adult Women

Funding Agency: ASSOCIATION OF WOMENS HEALTH OBSTERTRIC AND NEONATAL NURSES

**Dr. Matthew Chrisman**

Title: Evaluating the Effectiveness of a Train-the-Trainer Approach for Integrating Nutrition Education into Rural Teachers' Curricula

Funding Agency: CENTER FOR CHILDRENS HEALTHY LIFESTYLE & NUTRITION

**Dr. Kelsey Gardiner**

Title: FoodFARMacy

Funding Agency: HEALTH FORWARD FOUNDATION

**Dr. Theresa Brown**

Title: Encouraging Exercise Commitment: How One Exercise Instructor and a Group of Participants Experience the Motivational Climate

Funding Agency: ASSOCIATION FOR APPLIED SPORT PSYCHOLOGY

## **SONHS SCHOLARLY PUBLICATIONS :JUNE 2025**

\*Indicates Student

**Tammy Bennett**

Karlin, J., Bennett, T., Michael, L., Rafie, S., & Berlan, E. D. (2025). A systematic comparison of implementation strategies at three U.S. clinic settings that expanded access to self-administered injectable contraception. *Contraception*. 94(4), 303-313. <https://doi.org/10.1016/j.contraception.2025.110972>

Matthew Chrisman

Chrisman, M., Gardiner, K., Cullers, A., Gremaud, A., Rodman, C. (2025). 'It's part of the college experience': A focus group assessment of Midwestern college students' knowledge and use of the Supplemental Nutrition Assistance Program. *Nutrition Bulletin* (ePub ahead of print). DOI: 10.1111/nbu.70014

Mei Rosemary Fu

Fu M. R. (2025). Stewardship of Peer Reviewers to Advance Science and Knowledge. *Journal of transcultural nursing: official journal of the Transcultural Nursing Society*, 36(4), 349–350. <https://doi.org/10.1177/10436596251345667>

Kelsey Gardiner

Chrisman, M., Gardiner, K., Cullers, A., Gremaud, A., Rodman, C. (2025). 'It's part of the college experience': A focus group assessment of Midwestern college students' knowledge and use of the Supplemental Nutrition Assistance Program. *Nutrition Bulletin* (ePub ahead of print). DOI: 10.1111/nbu.70014

Lightner, J.S., Gardiner, K., Grimes, A., Shook, R.P., Hampl, S., Prochnow, T., & Collie-Akers, V. (2025). Communities Leading Change: Using implementation science to improve physical activity and nutrition among racially minoritized communities in Kansas City. *Health Promotion Practice*. doi: 10.1177/15248399251343048

Amanda Grimes

Lightner, J.S., Gardiner, K., Grimes, A., Shook, R.P., Hampl, S., Prochnow, T., & Collie-Akers, V. (2025). Communities Leading Change: Using implementation science to improve physical activity and nutrition among racially minoritized communities in Kansas City. *Health Promotion Practice*. doi: 10.1177/15248399251343048

Joseph S. Lightner

Lightner, J.S., Gardiner, K., Grimes, A., Shook, R.P., Hampl, S., Prochnow, T., & Collie-Akers, V. (2025). Communities Leading Change: Using implementation science to improve physical activity and nutrition among racially minoritized communities in Kansas City. *Health Promotion Practice*. doi: 10.1177/15248399251343048

Sue Lasiter

\*Falconer, B., Lasiter, S., Patel, S. (2025). Simulation sequencing in nursing education and its impact on student learning outcomes: A scoping review. *Nurse Educator* 50(4), E196-E200. DOI: 10.1097/NNE.0000000000001828.

Sarah Patel

\*Falconer, B., Lasiter, S., Patel, S. (2025). Simulation sequencing in nursing education and its impact on student learning outcomes: A scoping review. *Nurse Educator* 50(4), E196-E200. DOI: 10.1097/NNE.0000000000001828.

## SONHS SCHOLARLY PRESENTATIONS

\*Indicates PhD student; Bolded names indicate faculty and researcher.

Anita Skarbek, Steven Chesnut, Mei Rosemary Fu

Skarbek, A., Chesnut, S.R., & Fu, M.R. (2025, June 2-4). Understanding nurse retention: A qualitative exploration of influential factors at the personal, unit, and organizational levels. National Forum Conference 2025, Philadelphia, PA, United States.

Mei Rosemary Fu

Fu, M.R. (June 17, 2023). Infection, Skin Trauma, Supplements for Lymphedema and Lymphatic Pain. Invited Speaker. Share: Self-Help for Women with Breast or Ovarian Cancer. 1501 Broadway, New York, NY 10036.

Kelsey Gardiner

Gardiner, K. Food is Medicine Research: Food as a Social Determinant of Health. UMKC Research Collaboration Summit 2025. University of Missouri Kansas City. May, 2025. Invited Presentation.

Gardiner, K. Food is Medicine: Advancing Research, Practice and Policy to Promote Food and Nutrition Security in the US. American Society for Nutrition. Orlando, FL. May, 2025

Kelsey Gardiner, Amanda Grimes, Joseph S. Lightner

Gardiner, K., Grimes, A., Hampl, S., Lightner, J., Covert, C., Bellman, B. Kansas City Racial and Ethnic Approach to Community Health: Exploring the Food is Medicine Landscape within Kansas City. American Sociated of Nutrition, Orlando, FL. (2025)

