



## FROSTY NEW YEAR

First of all, welcome back everyone! We're hoping everyone had a restful and joy-filled Winter Break! For those of us who live in the KCMO area, we sure got our fill (and several other cities' fills) of snow! Winter Storm Blaire dumped an exorbitant amount of snow all around the Kansas City region, ranging from 8 inches to over a foot in some places. Many of us were unable to leave our homes for a day or more as plow trucks worked around the clock to try and clear the surmounting snow, and even then, the ice underneath was unforgiving. So here we are a month later, and remnants of that monumental storm are still lingering on parts of the lawn and sides of the street. At least we finally have our students back to fill the hallways with warmth and activity. Wishing everyone a great Spring Semester ahead!

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### UPCOMING IMPORTANT DATES

- February 11th - Valentine Coffee Bar in HSB 2319, 8am-1pm
- February 14th - Valentine's Day!

## WINTER WONDERLAND



Back in December, we held a Holiday Bev Bar so our students could drop by for a short reprieve from studying hard for finals. We had a winter scene on the white board and many people helped us bring the wonderland to life with a little something there for everyone!



# CLINICAL RECOGNITION CEREMONY

Every year at the beginning of Spring semester, we gather those BSN students who are finally about to embark on their clinical journey, the moment they've been working and studying for, and commemorate them with a ceremony! They gathered together and took an oath to provide quality care for their patients and to commit to a drive for excellence. We're so proud of our students, congratulations!! 🎉





# RESEARCH ADVANCEMENTS

Here's this month's updates on research that has been published or grants that have been received by our research faculty and students!

## RESEARCH HIGHLIGHTS

- Please join us to give our whole-hearted congratulations to Dr. RaeAnn Anderson on her National Institute of Health RO1 Research Award entitled, “Understanding the screening to care transition for marginalized rape survivors.” This project will observe the screening and treatment seeking experiences of approximately 600 rape survivors. This information will be used to develop more effective rape screening and referral programs. Congratulations, Dr. Anderson! We are looking forward to your research findings.
- Congratulations to Drs. Patel and Chestnut on the nomination of their recent publication “Relationships Among Pelvic Congestion Syndrome Pain, Daily Activities, and Quality of Life” (JOGNN, 53, 416-426) for the 2024 Best of JOGNN Writing Award. They were one of only five nominees for this prestigious award!
- Congratulations to Dr. Kelsey Gardiner and her team on the media recognition of their research projects. Congratulations again and keep up your good work, Dr. Gardiner!
  - University Health FoodFARMacy Program: A Catalyst for Rural Community Health. 2024. Access Health. University Health FoodFARMacy Program: A Catalyst for Rural Community Health | accessHealth News
  - Breaking barriers for health equity with nutritional strategies. 2024. KRCU. National Public Radio. Breaking barriers for health equity with nutritional strategies (krcu.org)
  - Working to Increase the Nutrition Security of College Students in Missouri. 2023. Snap-Ed Connection. U.S. Department of Agriculture. <https://snaped.fns.usda.gov/library/success-stories/working-increase-nutrition-security-college-students-missouri>



# PEER-REVIEWED PUBLICATIONS: JANUARY 2025

## PhD Students

Laughlin, L. M. (2025). Trauma-related shame: An evolutionary concept analysis. *Journal of Forensic Nursing*. <https://doi.org/10.1097/JFN.0000000000000527>.

## Theresa C. Brown

Scott, C. E., Fry, M. D., Wineinger, T. O., Iwasaki, S., Long, H., & Brown, T. C. (2025). Athletes' perceived team climate, social support, and optimistic thoughts during the COVID-19 pandemic. *International Journal of Environmental Research and Public Health*, 22(1), 46. <https://doi.org/10.3390/ijerph22010046>

## Matthew Chrisman

Klobodu, S., Chrisman, M. (2025). Nutrition Knowledge, Food Insecurity, and Adverse Child Experiences among Underserved College Students: A Pilot Study. *Nutrition Today*, 60(1). DOI: 10.1097/NT.0000000000000673

## Mei Rosemary Fu

Fu M. R. (2025). Transcultural Health Care in a Globally and Culturally Interconnected World. *Journal of transcultural nursing: official journal of the Transcultural Nursing Society*, 36(1), 5–6. <https://doi.org/10.1177/10436596241300729>

## Sarah Patel & Steven Chesnut

Gromer, A., Patel, S.E., & Chesnut, S. R. (2025). Strategies for teaching psychomotor skills to undergraduate nursing students: A scoping review. *Teaching and Learning in Nursing*, 20(1), e98-e105. <https://doi.org/10.1016/j.teln.2024.08.013>

## Anita Skarbek

Rodriguez, E., Klobodu, S., Sillman, K., Skarbek, A., & Figueroa, R. (2025). Associations between diabetes knowledge, the prevalence of diet-related chronic conditions, and dietary behavior among Hispanic/Latino farm workers with Type 2 diabetes in the Salinas Valley, California, USA. *Hispanic Health Care International*, <https://doi.org/10.1177/15404153251315358>