WELCOME BACK!!!

We've been waiting all summer and we're so glad you're finally here!!! This time of year is always exciting, getting to start new courses, break open a fresh notebook or use a new pen (do people handwrite notes anymore?), meet your new professors and get into a routine.

Now that you're back, make sure to familiarize yourself with the resources on each campus! You can find those by clicking the "Current Students" link at the very top of the UMKC main webpage or selecting the "Student Life" tab on the main menu. There are lots of things to do, ways to get involved, and resources available for you to use!

If you're on the Health Sciences Campus and need some help, feel free to visit us in the SoNHS Administration Office on the 2nd floor of the Health Sciences Building, in Suite 2319! The Student Services team is there to help you out, as well as our Dean and Associate Deans who can help address anything else. Welcome back, and wishing you a great school year!

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UPCOMING IMPORTANT DATES
- September 2nd - Labor Day (University Closed)

SUCCESS 4 NURSING

We welcomed our next class of BSN students during the Success 4 Nursing Onboarding! Over the course of 2 days, our students met with faculty, were greeted by the deans and student services team, participated in several activities to get familiar with the HSB and our administration, and took part in some introductory skills labs, wrapping up with some policy and procedure briefings and getting students prepared to start their BSN program.
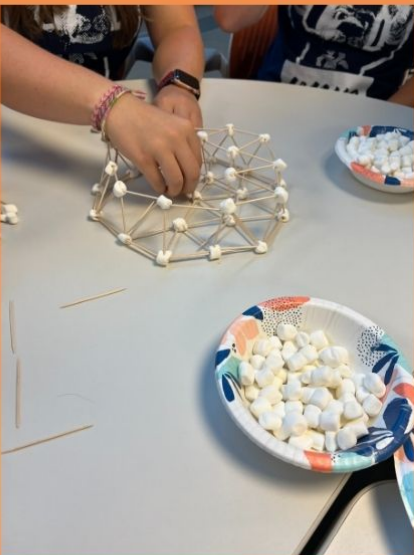
RECENT COMMUNITY HIGHLIGHTS

Some more highlights among our SoNHS Community! Here are a few of the students, faculty, and/or alumni that we've put a spotlight on recently (Listed L to R):

- **Steven Chesnut** - Dr. Chesnut is a member of our PhD faculty and has recently been granted tenure with continuous appointment of Associate Professor! Congratulations, Dr. Chesnut!
- **Jim Spence** - Dr. Spence, our Associate Dean of Academics, has recently been promoted to Associate Clinical Professor (in addition to his Assoc. Dean title)! Congratulations, Dr. Spence!
- **Sara Myers** - Dr. Myers, one of the faculty members in our Certified Registered Nurse Anesthetist BSN-DNP program (which we offer in collaboration with University Health), was recently awarded the American Association of Nurse Anesthesiology Didactic Instructor of the Year Award! This award is a prestigious honor as the AANA selects one didactic faculty each year from the 130 nurse anesthesia programs across the country. Dr. Myers was officially presented with the award at the AANA Annual Congress in San Diego, CA, earlier this month. Dr. Myers teaches N5619NAB Basic Principles of Nurse Anesthesia Practice to first-year nurse anesthesia students.

ROO WELCOME

The weekend before classes began, we welcomed all our new students who are pursuing a degree in Nursing or Health Sciences! Students got to meet with our faculty and had fun making structures out of marshmallows and toothpicks. We had a great turn out!

SCIENTIST OF THE MONTH

Scientist of the month is back! Each month, a member of our research faculty is highlighted as a "Scientist of the Month". We ask them to share a little about what's going on in their current research. This month's scientist is **Dr. Sue Lasiter** (pictured left).

"What's new and exciting about delirium research?"

"Approximately **5** million people in the United States (pre-Covid-19) are admitted to intensive care units (ICU) each year and of those admitted to the ICU, up to **87%** experience at least one episode of Delirium (Kotfis, K., et al. 2018). The problem with developing ICU delirium is that there are post-ICU syndrome (PICS) symptoms (i.e., cognitive impairment, post-traumatic stress symptoms, anxiety, depression, hospital acquired weakness) that extend far past the event in the ICU and can seriously affect the lives of patients and families long term and increase healthcare costs over time. Given this enormous problem, researchers have been exploring treatments/interventions for delirium both as inpatients and at home, after discharge; thus far, there are no effective treatments for delirium in the ICU or after discharge for PICS. Based on this problem, it seemed logical that if there are no identifiable causes or effective treatments for delirium, that prevention (via prediction) would be a great approach. **I wondered ... what would happen if there were <u>undiscovered predictors of delirium that could be uncovered</u> so we could test focused prevention interventions?** So...our team (S. Chesnut; K Callahan, PhD student; and I) gained funding for this research and extracted data for **20,123** unique patients from electronic medical records to explore **25** under-researched clinical factors that might predict delirium. We are currently analyzing these data...and some factors look very promising!"

BACK TO SCHOOL BEV BAR & RAFFLE

During the first two weeks of classes, the SoNHS FUN Committee held a back-to-school beverage bar serving iced coffee, cold brew, lemonade, and fresh popcorn (the second week)! We also held a raffle for two **$20** UMKC Bookstore giftcards. To enter, students filled out a slip telling us why they chose Nursing or Health Sciences as their degree path. We had an excellent turn out, and received a multitude of sentiments from our students on what inspired them to pursue healthcare, it was heartwarming and sometimes funny to read all the submissions!

LUNCH ON THE LAWN

Students across the Health Sciences campus gathered for the annual Lunch on the Lawn and Connections Fair! Organizations lined the walk while students got to connect as well as chow down on a hot dog cookout! Probably the biggest inter-school mingling that happens here each year, it was great to see all the activity!

RESEARCH ADVANCEMENTS

Here's this month's updates on research that has been published or grants that have been received by our research faculty and students!

Faculty Highlights

▪ **Dr. Mei R Fu** was appointed as the Chair to lead the **2024** Oncology Nursing Foundation (ONF) Major Research Grants. During Juna and July, Dr. Fu led a group of nationally known experts in oncology nursing to accomplish grant review and complete the recommendations for funding.

▪ In July **2024**, **Dr. Fu** was invited by the Swiss National Science Foundation (SNSF), Switzerland, to serve as expert reviewer for Spark funding scheme. The SNSF aims to enable scientists to develop and test novel and unconventional scientific approaches, methods, theories and ideas which can be developed or tested in a short period of time and with limited resources. The focus lies on the novelty and unconventionality of the proposed research project as well as the scientific quality and potential impact of the project, but not on the specific experience or track record of the applicant.

Research Highlights

School of Nursing and Health Studies faculty, **Drs. Steven Chesnut, Anita Skarbek, Aimee McDonald**, and **Mei R Fu** in collaboration with faculty Dr. Karen Landay (First Author) from University of North Texas and Dr. Joseph Richard Schaefer from the University of Mississippi, and Dr. David F Arena from University of Texas-Arlington received the award for Best Paper in the Health Care Management, Hospitality Management, and Public Administration Track (Track 2) by The South Management Associations (SMA) **2024** for their paper entitled, "Let Me Do My Job! How Workload and Organizational Constraints Predict Nurse Turnover Intentions." Celebration will be in person at SMA **2024** in San Antonio, Texas.

PUBLICATIONS (August 2024)

ReaAnn Anderson

Koss, M. P., **Anderson, R. E.**, Peterson, Z. D., Littleton, H., Abbey, A., Kowalski, R., ... Allen, C. (2024). The Revised Sexual Experiences Survey Victimization Version (SES-V): Conceptualization, Modifications, Items and Scoring. The Journal of Sex Research, 61(6), 839–867. https://doi.org/10.1080/00224499.2024.2358407

Peterson, Z. D., Littleton, H. L., **Anderson, R. E.**, & Koss, M. P. (2024). Quantifying Criminal Sexual Acts: The Illegal Sexual Exploitation Module of the Revised Sexual Experiences Survey-Victimization (SES-V) Measure. The Journal of Sex Research, 61(6), 868–881. https://doi.org/10.1080/00224499.2024.2359049

Anderson, R. E., Peterson, Z. D., Canan, S. N., Abbey, A., McCauley, H., Orchowski, L. M., … Koss, M. P. (2024). Words Can Hurt: A Taxonomy of Verbally Pressured Sexual Exploitation in the SES-V. The Journal of Sex Research, 61(6), 882–896. https://doi.org/10.1080/00224499.2024.2358414

Peterson, Z. D., Koss, M. P., & **Anderson, R. E.** (2024). Preliminary Prevalence Estimates of Sexual Exploitation as Measured by the Sexual Experiences Survey-Victimization (SES-V) in a National US Sample. The Journal of Sex Research, 61(6), 904–921. https://doi.org/10.1080/00224499.2024.2359639

Anderson, R. E., Peterson, Z. D., Koss, M. P., Abbey, A., Orchowski, L., Thompson, M. P., … Littleton, H. L. (2024). Preliminary Evidence of Validity for the Verbally Pressured and Illegal Sexual Exploitation Modules of the Sexual Experiences Survey-Victimization. The Journal of Sex Research, 61(6), 922–935. https://doi.org/10.1080/00224499.2024.2362264

Mei Rosemary Fu

Fu, M.R., Liu, B., Qiu, J.M, Sun, Y., Axelrod, D., Guth, A., Korth, S., Kremer, H.L., Wang, Y. (2024). The effects of daily-living risks on breast cancer-related lymphedema. Annals of Surgical Oncology. DOI: https://doi-org.proxy.library.nyu.edu/10.1245/s10434-024-15946-x

Fernández-Álvarez, M del M., Cachero-Rodríguez, J., **Fu, M.R.**, Sánchez-Fernández, P., Amalia Ureña Lorenzo, A.U., Ruben Martin-Payo, R. (2024). YouTube Videos on lymphedema as an information source for Spanish speaking breast cancer survivors. Supportive Care in Cancer, 32:540. DOI: https//doi.org/10.1007/s00520-024-08764-2

Sue Lasiter

Nelson, L., **Lasiter, S.**, Emerson, A. (2024). Companion dogs and depression, anxiety, and posttraumatic stress disorder in adult ICU survivors: A scoping review, People and Animals: The International Journal of Research and Practice, 7 (1), Article 14.

Joseph Lightner

Lightner, J.S., Chesnut, S., Cabral, J.H., Myers, J.J., Brooks, R.A., Byrne, T., & Rajabiun, S. (2024). Advancing patient navigation for HIV: Evaluating models of care for housing and employment. AIDS and Behavior. Doi: 10.1007/s10461-024-04464-2

Sarah Patel

Patel, S. E., Varghese, J., & Hamm, K. (2024). Sense of belonging in nursing- An evolutionary concept analysis. Journal of Professional Nursing, 54, 151-163. <u>Your paragraph text</u>

STUDENT QUOTES

To end this month's newsletter, here are some responses some students gave during our raffle when asked the question, "Why did you chose Nursing/Health Sciences?"

"...TO MAKE SURE I AM SOMEONE PRESENT TO PROVIDE CARE TO THE VULNERABLE AND BE A VOICE FOR THEM. I BELIEVE PATIENTS OF ALL SORTS DESERVE SOMEONE TO ADVOCATE WITH THEM WITHIN THE HEALTHCARE FIELD AND I WANT TO MAKE MY BEST EFFORT TO BE THE PERSON WHO SPEAKS UP A LITTLE LOUDER FOR THEM."

"GROWING UP I HAVE ALWAYS LOVED TAKING CARE OF OTHERS. I LEARNED CARING FOR OTHERS AT A YOUNG AGE, BEING THE OLDEST OF 11 CHILDREN. BEING ABLE TO HELP THOSE IN A TIME OF NEED AND BEING PART OF THE TEAM TO GET THEM BETTER IS A HEARTWARMING EXPERIENCE. I HAVE ALWAYS LOVED, AND I AM EXCITED TO START A CAREER THAT GIVES ME THAT. "

"I CHOSE TO GO INTO NURSING TO REPRESENT MY COMMUNITY AND HELP PATIENTS WITH ENGLISH-SPANISH BARRIERS."

"MY LONG TERM GOAL IS TO BECOME AN EPIDEMIOLOGIST. I CURRENTLY WORK IN PHARMACEUTICAL RESEARCH AND GET TO EXPERIENCE THE ADVANCES IN MEDICINE AS THEY ARE GROOMED TO HELP SOCIETY AND THOSE WHO FEEL AS THOUGH THERE IS NO HOPE. FINDING THE ROOT TO AN ISSUE AND MITIGATING HEALTH ISSUES AS MUCH AS POSSIBLE THROUGH EDUCATION, OUTREACH, AND SKILL IS MY NUMBER ONE GOAL."

"I DECIDED TO PURSUE NURSING BECAUSE OF THE DIVERSE EXPERIENCES IT OFFERS. IT ALLOWS YOU TO APPLY INTERPERSONAL SKILLS IN ORDER TO INTERACT WITH VARIOUS AGE GROUPS, ETHNICITIES, AND PERSONAL STRUGGLES, BOTH INTERNAL AND EXTERNAL. THIS EXPOSURE HELPS BROADEN YOUR PERSPECTIVE ON HOW TO SUPPORT AND ENGAGE WITH THE WORLD AROUND YOU."